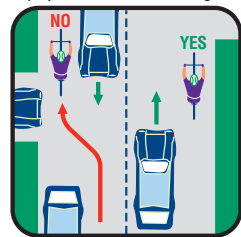


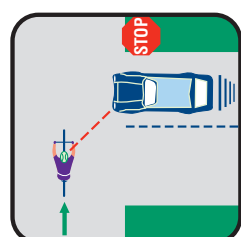
Bicycle Safety

Use the Correct Equipment

Helmets and lights are a must! (Helmets are required for children 15 and younger). A rack or basket, rain gear, gloves, glasses or goggles, rear view mirror, bell, tire pump, and a small tool kit can make your ride safer and more pleasant. Check your bicycle and equipment before riding. Here are some other safety tips:



Always Ride with Traffic
A bicyclist traveling against traffic is no safer than a motorist would be. Neither drivers nor other bicyclists expect a wrong-way bicyclist, especially at intersections and driveways.



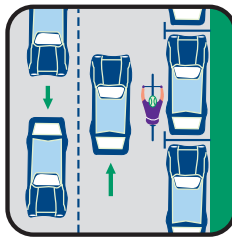
Ride Defensively
Be alert, scan the road, and expect the unexpected. Follow traffic laws, signs and signals -- they apply to all vehicles. If you have questions about safe and legal operations, check the Driver's or Bicyclist's Manual available from the state Motor Vehicles Division.



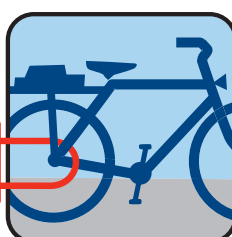
Yield on Sidewalks
The law requires you to yield to pedestrians, give a warning before passing (call out or ring a bell), and ride at walking speed when crossing driveways, alleys, or intersections. Be alert for motorists turning at driveways and streets.



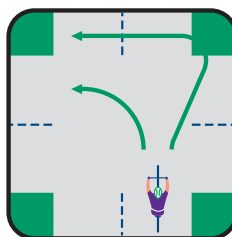
Walk on Eugene Downtown Sidewalks & the Mall
In Eugene, the City Code requires bicyclists to walk bicycles when using the sidewalks in the downtown area (8th to 11th avenues and Charnellton to Pearl streets).



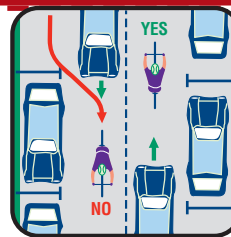
Stay to the Right
Ride with the flow of traffic on the right side, but far enough from the curb to avoid hazards. Ride in a straight line and far enough from parked cars to avoid an opening door.



Securely Lock Your Bike
Use a bike rack if available. Otherwise lock to something solid that is not in the way of pedestrians. Choose a well-lit, well-traveled area.



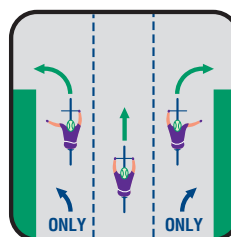
Make a Safe Left Turn
There are two ways to make a left turn. Like a motorist, you can signal, merge into the left lane, and turn left. Or you can ride straight to the far side corner, and use the far corner crosswalk as a pedestrian.



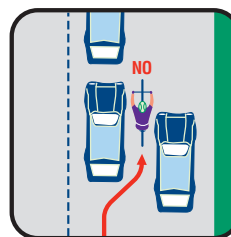
Occupy a Lane
If you must ride on a busy street, be prepared to occupy a full lane when approaching a major intersection or whenever the lane is too narrow to share with other traffic.



Use Lights & Reflectors at Night
Be visible. At night, a white headlight and red rear reflector are required by law. Reflective tape on clothing and bright colors (for daytime) help you to be seen.



Follow Lane Markings
Use appropriate lanes for turning right, left, or going through an intersection. Do not use a turn lane when going straight. Signal before turning or merging.



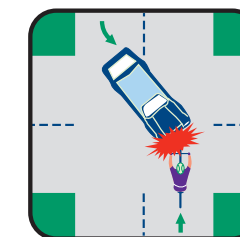
Don't Pass on the Right
When sharing a travel lane with other traffic, take your place in line with the stopped cars as you approach an intersection. Do not pass on the right. On streets with bike lanes, watch for motorists turning across the bike lane.



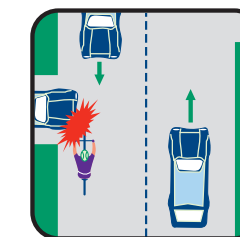
Springfield

Common Accidents

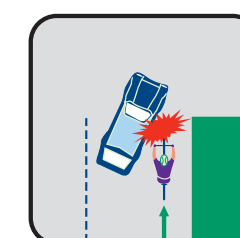
The following are common accidents for bicycle commuters. Knowledge should assist in prevention. Stay alert. Ride and drive defensively. Try to anticipate a motorist's move and always assume he/she doesn't see you.



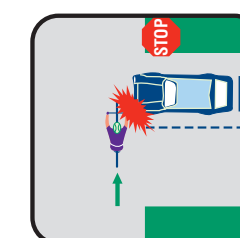
Left Turn
Motorist makes a left turn and hits an oncoming bicyclist. When approaching an intersection, slow down, cover your brakes, and watch other traffic.



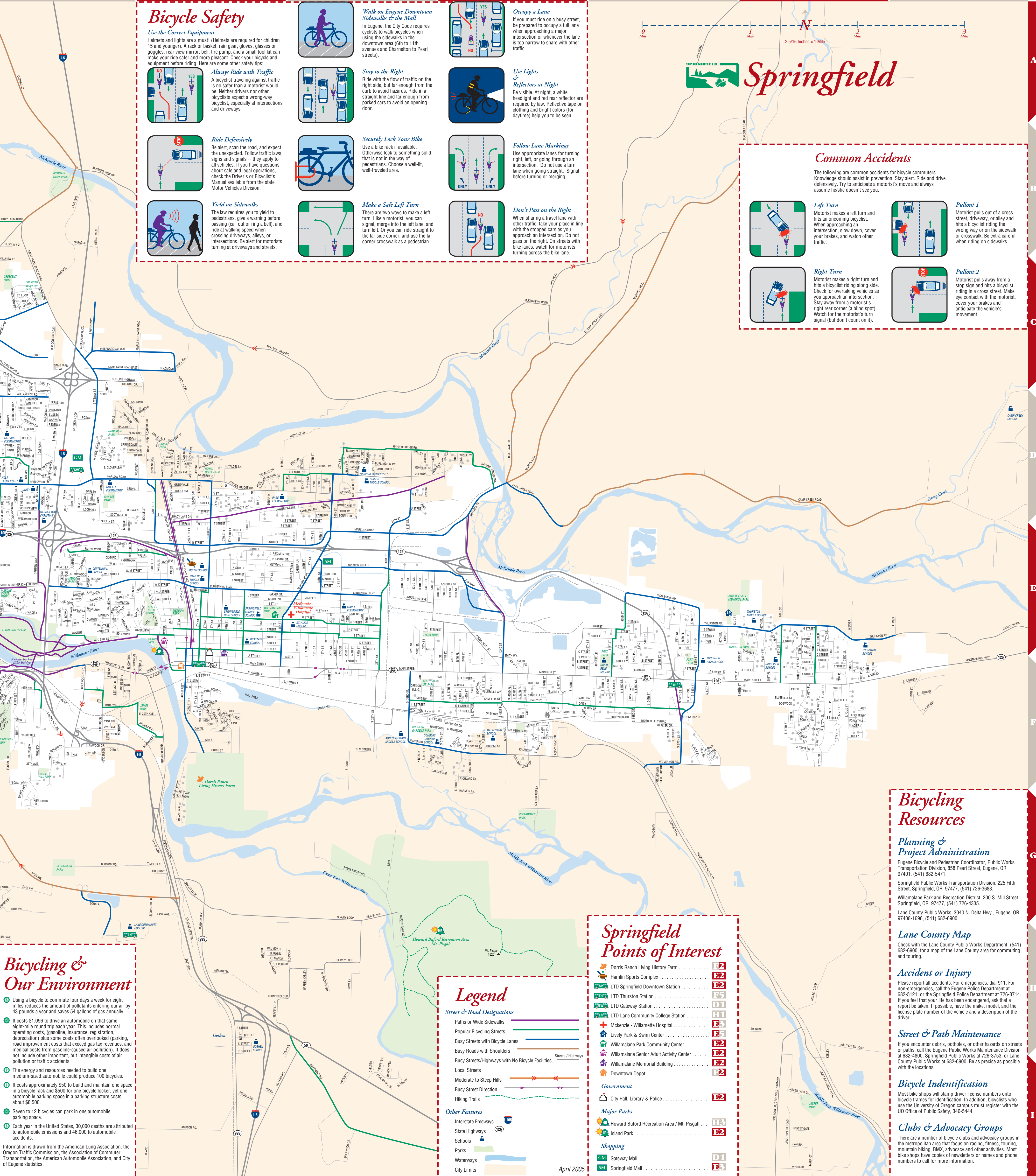
Pullout 1
Motorist pulls out of a cross street, driveway, or alley and hits a bicyclist riding the wrong way or on the sidewalk or crosswalk. Be extra careful when riding on sidewalks.



Right Turn
Motorist makes a right turn and hits a bicyclist riding along side. Check for overtaking vehicles as you approach an intersection. Stay away from a motorist's right rear corner (a blind spot). Watch for the motorist's turn signal (but don't count on it).



Pullout 2
Motorist pulls away from a stop sign and hits a bicyclist riding in a cross street. Make eye contact with the motorist, cover your brakes and anticipate the vehicle's movement.



Bicycling & Our Environment

- Using a bicycle to commute four days a week for eight miles reduces the amount of pollutants entering our air by 43 pounds a year and saves \$4 gallons of gas annually.
- It costs \$1,096 to drive an automobile on that same eight-mile round trip each year. This includes normal operating costs, (gasoline, insurance, registration, depreciation) plus some costs often overlooked (parking, road improvement costs that exceed gas tax revenues, and medical costs from gasoline-caused air pollution). It does not include other important, but intangible costs of air pollution or traffic accidents.
- The energy and resources needed to build one medium-sized automobile could produce 100 bicycles.
- It costs approximately \$50 to build and maintain one space in a bicycle rack and \$500 for one bicycle locker, yet one automobile parking space in a parking structure costs about \$8,500.
- Seven to 12 bicycles can park in one automobile parking space.
- Each year in the United States, 30,000 deaths are attributed to automobile emissions and 46,000 to automobile accidents.

Information is drawn from the American Lung Association, the Oregon Traffic Commission, the Association of Commuter Transportation, the American Automobile Association, and City of Eugene statistics.

Legend

Street & Road Designations

- Paths or Wide Sidewalks
- Popular Bicycling Streets
- Busy Streets with Bicycle Lanes
- Busy Roads with Shoulders
- Busy Streets/Highways with No Bicycle Facilities
- Local Streets
- Moderate to Steep Hills
- Busy Street Direction
- Hiking Trails

Other Features

- Interstate Freeways
- State Highways
- Schools
- Parks
- Waterways
- City Limits

Springfield Points of Interest

- Dorris Ranch Living History Farm
- Hamlin Sports Complex
- LTD Springfield Downtown Station
- LTD Thurston Station
- LTD Gateway Station
- LTD Lane Community College Station
- Mckenzie - Willamette Hospital
- Lively Park & Swim Center
- Willamalane Park Community Center
- Willamalane Senior Adult Activity Center
- Willamalane Memorial Building
- Downtown Depot
- Government
- City Hall, Library & Police
- Major Parks
- Howard Buford Recreation Area / Mt. Pisgah
- Island Park
- Shopping
- Gateway Mall
- Springfield Mall

Bicycling Resources

Planning & Project Administration

Eugene Bicycle and Pedestrian Coordinator, Public Works Transportation Division, 858 Pearl Street, Eugene, OR 97401, (541) 682-5471.
Springfield Public Works Transportation Division, 225 Fifth Street, Springfield, OR 97477, (541) 726-3683.
Willamalane Park and Recreation District, 200 S. Mill Street, Springfield, OR 97477, (541) 726-4335.
Lane County Public Works, 3040 N. Datta Hwy., Eugene, OR 97408-1696, (541) 682-6900.

Lane County Map

Check with the Lane County Public Works Department, (541) 682-6900, for a map of the Lane County area for commuting and touring.

Accident or Injury

Please report all accidents. For emergencies, dial 911. For non-emergencies, call the Eugene Police Department at 682-5121, or the Springfield Police Department at 726-3714. If you feel that your life has been endangered, ask that a report be taken. If possible, have the make, model, and the license plate number of the vehicle and a description of the driver.

Street & Path Maintenance

If you encounter debris, potholes, or other hazards on streets or paths, call the Eugene Public Works Maintenance Division at 682-4800, Springfield Public Works at 726-3753, or Lane County Public Works at 682-6900. Be as precise as possible with the locations.

Bicycle Identification

Most bike shops will stamp driver license numbers onto bicycle frames for identification. In addition, bicyclists who use the University of Oregon campus must register with the UO Office of Public Safety, 346-5444.

Clubs & Advocacy Groups

There are a number of bicycle clubs and advocacy groups in the metropolitan area that focus on racing, fitness, touring, mountain biking, BMX, advocacy and other activities. Most bike shops have copies of newsletters or names and phone numbers to call for more information.